



Indiana University Health



Riley Children's Health

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www.indianaorthotumor.com

Information for Orthopaedic Oncology Surgery Patients – University Hospital

We appreciate you selecting IU Health for your health care needs. Please take some time to familiarize yourself with this material prior to your surgery. We realize that the decision to have surgery is difficult and that the process can be anxiety provoking. Our goal is to make the entire process before, during, and after surgery as smoothly as possible.

Please do not hesitate to contact the office if you should have ANY questions or concerns or if you need further information. If for any reason you need to cancel surgery after business hours, please call the operator and they will transfer you to the appropriate department.

Authorization for surgery: Please check your insurance plan to make sure your doctor and the facility are in network. If you have an insurance plan that requires an authorization, our office will take care of this process for you. If there are any questions or concerns regarding your insurance, our office will contact you.

****Due to Indiana State Laws we are limited to the amount of narcotics we are authorized to prescribe. If a refill is needed, please call our office. It may take up to 72 hours for approval and quantities may be limited by your insurance.****

Office Phone	317-944-9400 (8AM-4PM)
Office Fax	317-944-5645
IU Health Hospital Operator	317-944-5000
Procure (for Hotels in the area)	800-974-2039

Patient Name: _____

Date of Surgery: _____

☐ Outpatient ☐ Overnight Stay ☐ Admission-please plan accordingly

*****Please note: You will be called to confirm the surgery date/time. Please be aware that the date/time may change due to Dr. Collier's specialty. If we have to leave a message you are required to call back to confirm. If we do not hear from you the Friday before surgery to confirm your time, your surgery will be cancelled.*****

Location: IU Health University Hospital 550 N. University Blvd, Indianapolis, IN 46202

REPORT TO REGISTRATION and they will direct you from there.

COVID-19 TESTING IS MANDATORY

You will need to have a COVID-19 test done at an IU facility 4 days prior to your surgery.

You need to have your Covid-19 test done on _____

A list of authorized IU testing sites is attached.

Before Surgery

Pre-assessment Testing (PAT) date/time: _____

This appointment is to assess your medical readiness for surgery.

University Hospital
550 North University Blvd. Suite 1295
Indianapolis, IN 46202

Additional Testing



- Depending on your medical history, pre-operative testing may be required. This may include lab work, EKG, chest xray, or further cardiac testing.
- Should the recommended tests/consults not be completed in a timely manner, your surgery may need to be postponed.

Medications

- **Please bring a list of your current medications with you.** This includes any over-the-counter medications and herbal supplements.
- To ensure appropriate post-op pain control, **you must be off all opioid medications for at least 30 days prior to surgery. You must coordinate this with your pain-management provider.**
- Please stop taking aspirin, aspirin products, or any anti-inflammatory medications (Aleve, ibuprofen, etc.) 7 days before surgery unless otherwise instructed.
- If you are taking a “blood-thinner” (for example, coumadin, Warfarin, Xarelto, Eliquis, Plavix, etc.) you should discuss stopping these with the doctor that prescribed them before surgery.

The Day Before Surgery

- **DO NOT EAT OR DRINK ANYTHING AFTER 12 MIDNIGHT** except for the Gatorade G-Series (as directed below). You may brush your teeth and rinse your mouth.
- Please, no nail polish on fingers or toes.
- All patients must have some type of transportation arranged in order to leave the hospital. You **MUST** have someone with you to drive you home.
- If you should develop a cold, flu, or any other illness prior to the day of surgery, please call the office. For your safety, it may be necessary to postpone and reschedule your procedure.

Hibiclens and Gatorade Instructions	MORNING BEFORE SURGERY	LUNCH - TIME BEFORE SURGERY	EVENING BEFORE SURGERY	MORNING OF SURGERY
HIBICLENS (over the counter) Caution: DO NOT USE HIBICLENS ON THE FACE AS IT IS TOXIC TO THE EYES AND THE EARS 	✓			✓
G-SERIES GATORADE 24 OZ. Caution: STOP ALL SOLID FOODS BY MIDNIGHT 		✓ 24oz	✓ 24 oz	✓ 12 oz 3 hours prior to surgery

The Day of Surgery

What should I bring to the hospital on the day of surgery?

- Insurance card, photo ID/driver's license
- A list of ALL medications (including supplements and herbal products) that you are presently taking, including dosages and frequency
- Contact or glasses case
- Do **NOT** bring valuables such as money or jewelry (no jewelry or piercings are allowed in the operating room).

What should you expect when you arrive?

- After you arrive a nurse will take you to the preoperative area. In most cases, a family member or friend can stay with you throughout this process.
- The nurse will review your medical records and start an IV.
- An anesthesiologist will then meet with you to discuss the options for anesthesia and pain control during and after your surgery. Options provided will be based upon the procedure and the needs of the surgeon.
- The surgeon his staff will meet with you to review the procedure and obtain your consent.
- An operating room nurse will talk with you about what to expect in the OR and then escort you to the surgery suite.

After surgery you will be taken to the recovery area. Dr. Collier will meet with your family and include them in any postoperative care instructions. Again, you must have someone drive you home.

Parking

IU Health University Hospital

550 North University Blvd, Indianapolis, IN 46202

- Valet parking is \$10.00 FOR PATIENTS.
- If you choose to park yourself you may park in the IU Health University Hospital parking garage. Rates are on an hourly basis.

Pre-assessment Appointment (PAT)

- Enter through the main doors and proceed to Suite 1295.

Surgery: IU Health University Hospital

- Enter the front doors of the hospital, take a left to registration. Once you complete registration, they will direct you from there.

Post-op Appointment

This will be located on your post-op paperwork, which is given to you shortly before discharge.

- Simon Cancer Center – 1030 W. Michigan St. Indianapolis IN 46022
 - Please go to registration and radiology on 1st floor, then go to 2nd floor

FMLA/DISABILITY DIRECTIONS

If you have FMLA or Disability paperwork, please fill out the accompanying form for release of records. Please inform your employers that we will not fill out paperwork until after surgery. Turn around time is 10-14 business days after surgery. If you have your employer fax directly to our office (317-944-5645), you need to ensure all your information is filled out on the forms and there is a working fax number. If you bring your paperwork the morning of surgery it is your responsibility to drop it off at one of the clinics' front desks. (IU Health Simon Cancer Center, 1030 W. Michigan St., Indianapolis, IN 46202 or IU Health North 11700 N. Meridian St. Suite 515, Carmel, IN 46032).

*How does donating
cancer tissue help
in finding a cure?*

*Your tissue and blood
can help scientists
learn new ways to
treat, prevent, and
possibly cure diseases.
Understanding real
cancer tissue
is vital to many
types of research and
precision medicine.*

Protocol 1106005767 IRB Approved



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**YOU CAN HELP
IN THE FIGHT
TO FIND
A CURE**

*Is donating tissue
right for you?*

For questions, please contact us at
(317) 274-4320 or cancetb@iu.edu.

For more information, visit
cancer.iu.edu/research-trials/trials/biobanking.php.

Ψ
INDIANA UNIVERSITY
**MELVIN AND BREN SIMON
CANCER CENTER**

Important Information about Biobanking

About Future Research

You are being asked to participate in a research study that involves the collection, storage, and use of your information and biospecimens for future research. **Scientists do research to answer important questions which might help change the way we do things.** Your information and biospecimens will be stored in a repository called the IU Simon Cancer Center Tissue Bank.

Biorepository

A biorepository is a storage bank of medical information and biospecimens. Biospecimens are samples from your body such as urine, blood, skin or tissue which are used for research purposes.

Benefits

- Sharing your tissue could help others in the future, by contributing knowledge to new treatments or ways to prevent diseases

Risks

- Possible loss of confidentiality
- Physical risks, such as pain or discomfort related to drawing blood

Results

You will not get the results from any research performed on your leftover tissue or blood. Tissue research takes a long time and requires samples from many people before results are known.

“Research is creating new knowledge.”

—Neil Armstrong

Voluntary

Taking part in this research study is voluntary. You may choose not to take part or may leave the study at any time. Deciding not to participate, or deciding to leave the study later, will not result in any penalty or loss of benefits to which you are entitled, and will not affect your relationship with your physician.



TISSUE

Tissue for this repository is collected from leftover tissue, which remains after testing. This tissue is usually destroyed as medical waste.



BLOOD

Just a few tablespoons of your blood contain, DNA, RNA, proteins, and other information which might help scientists.



MEDICAL RECORDS

Knowing information about you such as age, race, and medical history helps researchers learn more about diseases.